



SSYC Adult Sailing Program

2025 Class Schedule and Prices

Program runs June 3rd - July 26th

Weekly classes held on Tuesdays, Wednesdays or Saturdays

Novice Sailors

Students require some physical agility for small boat sailing. Students will practice these skills on at the water in small boats with instruction from experienced sailors.

Intermediate Sailors

Students get instruction tailored to their needs to develop and build upon their sailing skills. More experienced sailors will be introduced to the finer points of sail trim, including understanding sail shape for various wind conditions and sea states. Crew weight and boat balance for optimal performance in various conditions. Students will practice coordination of helm and sheet, recognizing wind shifts, gusts and lulls and reacting to these changes.

Students require sufficient physical agility for small boat sailing, as they will practice these skills on the water in small boats with instruction from experienced instructors.

Schedule and Costs

- The program consists of eight sessions offered on Tuesday or Wednesday evenings from 6p to 9p or on Saturday mornings from 9a-12p.
- Dates:
 - Tuesday, June 3 - July 22, 2025
 - Wednesday, June 4 - July 23, 2025
 - Saturday, June 7 - July 26, 2025
- The cost is **\$420.00** for non-members **\$294.00** for members. The pricing for Novice and Intermediate programs are identical. SSYC Members should use the code "***ssycadultmember***" when registering to obtain the discounted SSYC member price.

Private Lessons

Arrangement for private one-on-one instruction for SSYC members can be made by contacting the the Adult Sailing program chair at adultsail@ssyc.us. Non members enrolled in adult sailing classes are invited to supplement instruction and time on the water with private lessons. Private lessons are not available to non-members who are not participants in the Adult Sailing Programs.

For additional private lesson information and fees contact the Adult Sailing Program chair at adultsail@ssyc.us